



CROWN HILLS COMMUNITY COLLEGE

A Specialist Sports College and Training School

PRINCIPAL: Mrs B. Green
Gwendolen Road, Leicester, LE5 5FT

Telephone: (0116) 273 6893
Fax: (0116) 273 0413

Email: office@crownhills.leicester.sch.uk
Website: www.crownhills.com

We had T.A.A.R.G.E.T come in, to do a couple of sessions with some of our year 7 girls during curriculum time. The coaches that came in were very good and the girls enjoyed themselves the whole way through. The whole session was well planned, thought out and smoothly ran with progression from start to finish.

The session started off on time, beginning with health and safety which was emphasized during the whole session. We then looked at technique of how to hold the bow, place the arrow on the string and also on the mechanics of firing. The instructions were clear and easy to understand. All the time the coaches were helping and explaining what to do to each individual, with breaks in between for generic tips, which involved lots of questioning and input from the students.

The session then moved smoothly into some archery games and a bit of competition between 2 teams, with health and safety still being emphasized. All of the students progressed to become more accurate during the session, including some students who surprised themselves on how well they did, even though they have never taken part in an archery session before.

Having gained feedback from the students, they all said that they would do it again, they all had fun and they all learnt something new about archery.

I would recommend T.A.A.R.G.E.T to any school or community group etc who is looking to try something new and fun.

David Clarke

Crown Hills Community College

PE Faculty